



HODSON
BAY GROUP



BLACKROCK
WELLNESS ROOMS
AT GALWAY BAY HOTEL



GALWAY
BAY HOTEL

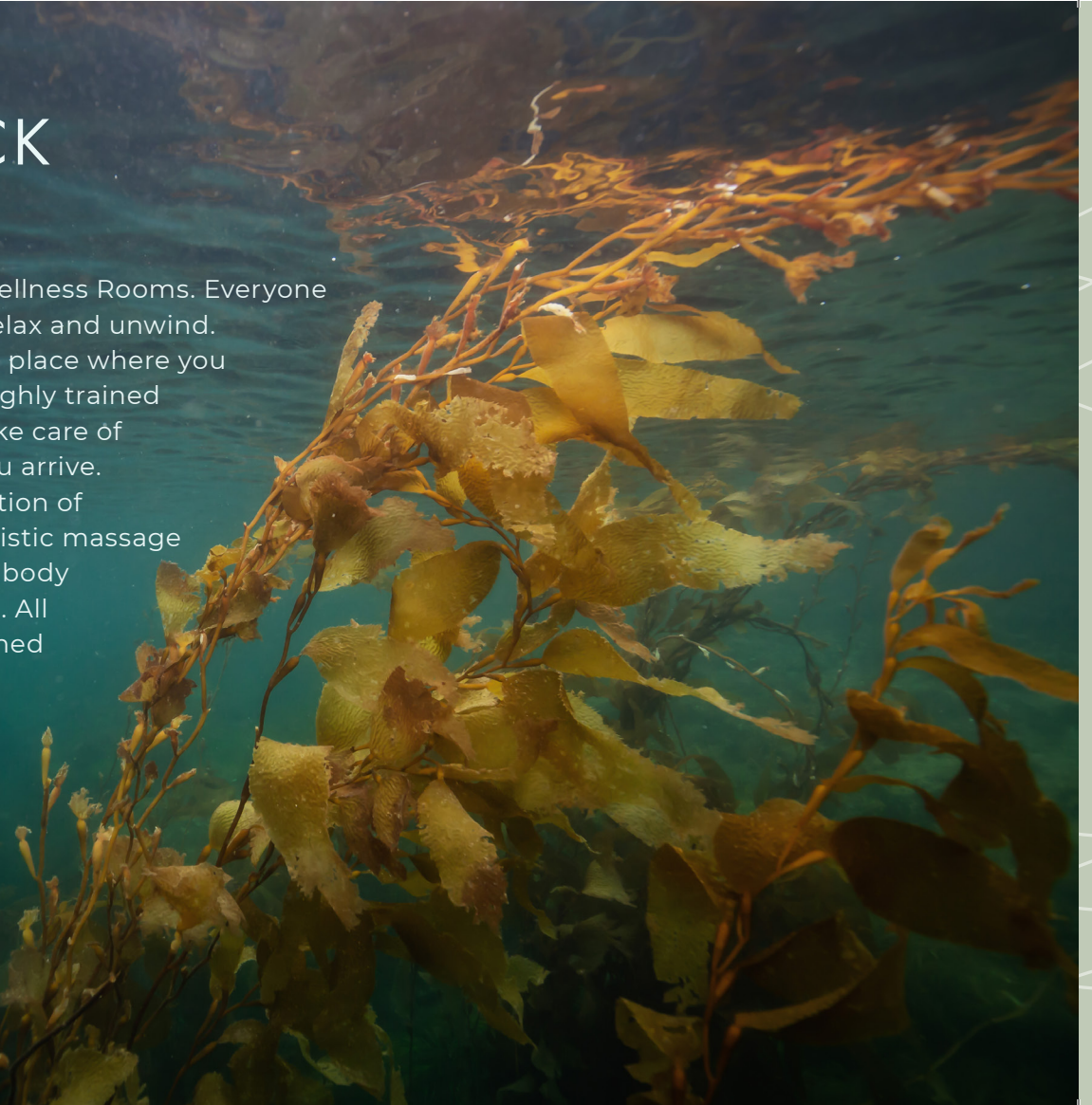
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BLACKROCK
WELLNESS ROOMS
AT GALWAY BAY HOTEL

BLACKROCK WELLNESS

Welcome to Blackrock Wellness Rooms. Everyone deserves the chance to relax and unwind. Blackrock Wellness is the place where you get to do just that. Our highly trained team of therapists will take care of you from the moment you arrive. We offer a bespoke selection of treatments, including holistic massage treatments, body scrubs, body masks, and deluxe facials. All our treatments are designed for both male & female clients. We use premium products from leading brands, including Voya organic skincare.



LUXURIOUS BODY TREATMENTS

GENTLE TOUCH MASSAGE

This massage is designed to improve both physical and mental well-being. A deeply relaxing treatment.

60 MINS | €90

SWEDISH MASSAGE

A relaxing and therapeutic massage, concentrating on the muscles and tissues of the body to improve circulation and ease muscular stress and tension using natural organic oils.

FULL BODY

60 MINS | €90

SWEDISH BACK NECK & SHOULDER MASSAGE

30 MINS | €60

HOT OIL BACK NECK & SHOULDER MASSAGE

30 MINS | €65

DELUXE BACK TREATMENT

Invigorating exfoliation of the back with steam compresses, followed by a hot oil massage & hot towel compress.

60 MINS | €90



HOT STONE MASSAGE

A deeply relaxing massage combining hot stones and massage techniques to ease stress, aches and pains.

60 MINS | €110

HOT STONE BACK MASSAGE

Deeply relaxing treatment combining heated stones & relaxing massage to work deeper into the muscles.

30 MINS | €80

COLD STONE MASSAGE

Relax, refresh, and revitalise. This treatment helps soothe migraines and headaches, relieve sinusitis, and reduce inflammation and muscle tension.

60 MINS | €110

COLD STONE BACK MASSAGE

Revitalising & refreshing. Cooling stones ease tension, reduce inflammation, and leave you feeling calm, refreshed, and re-energised.

30 MINS | €80

BESPOKE INDIAN HEAD MASSAGE

30 MINS | €65

BACK OF LEGS & BACK MASSAGE

40 MINS | €70

LEG REVIVER MASSAGE

30 MINS | €60

VOYAGER MASSAGE JOURNEY

A top-to-toe relaxation journey including a scalp, face and body massage that echoes the movement of the sea to relieve aches & pains.

80 MINS | €120

VOYA ORGANIC LAVENDER & SEAWEED SUGAR SCRUB

This is the ultimate body treatment. It includes body brushing and body scrub with a wonderfully fragrant mix of lavender oil, seaweed, and sugar. This blend has a double action—gently removing dead skin cells while healing and nourishing the body.

60 MINS | €100

VOYA ORGANIC WARM SPICED MUD

This is a blend of Voya hand-harvested seaweed infused with ginger & orange to firm & tone the body completed with Voya body cream to lock in vitamins & minerals.

60 MINS | €100

MATERNITY TREATMENTS

VOYA MAMA-TO-BE

Tailored especially for mum-to-be, your baby bump is enveloped in a special mask to help support connective tissue and prevent stretch marks. This hydrating organic mask works its magic while you enjoy a relaxing face hand and arm massage. A truly rejuvenating treatment to support your journey to motherhood.

60 MINS | €120

Blackrock Wellness bespoke maternity treatments tailored for you and your baby are available on request.





FACIALS

VOYA SELF DISCOVERY FACIAL

This facial incorporates a relaxing facial massage using seaweed products to release any build-up of toxins to repair & nourish the skin cells damaged by pollution & chemical exposure. This facial is tailored to suit your skin with three options:

- ◊ Purifying (oily/combination skin)
- ◊ Ultra Calming (sensitive skin)
- ◊ Intensive Hydra Veil (dry skin)

55 MINS | €90

VOYA ANTI-AGE RESTORATIVE FACIAL

Suitable for all skin types, this treatment uses the finest organic ingredients combined with a restorative blend of aromatherapy oils and antioxidant algae complexes. These help stimulate collagen production and reduce the appearance of fine lines and wrinkles. The skin is instantly firmed and tightened, revealing a naturally more radiant glow.

60 MINS | €105

VOYA DELUXE FACIAL EXPERIENCE

Begin with a relaxing back massage to melt away muscular aches, pains and tension. This is followed by a hydrating & purifying facial. The skin is left glowing, and the appearance of wrinkles is diminished.

90 MINS | €120

VOYA INTENSE DEFENCE MEN'S FACIAL

This powerfully effective treatment cleanses and exfoliates, enabling a deeper cleanse. Enjoy a soothing face and scalp massage, fantastic for those with shaving rash, razor burn or ingrown hairs. The skin is left soothed, hydrated, fresh & mattified.

60 MINS | €95

TEEN FACIAL

A skin-specific ocean-inspired organic facial using our purifying range.

30 MINS | €65

A collection of VOYA eye treatment products is displayed on a light-colored, textured surface. The products include a rectangular box, a tube, and several circular eye masks. The box and tube are olive green with white text, while the eye masks are a soft pink color. The products are arranged in a scattered, artistic manner.

EYE TREATMENTS

VOYA MARINE EYE TREATMENT

Using organic seaweed eye compresses to refresh and rejuvenate tired eyes. Relaxing and decongesting lymphatic massage movements, help to reduce puffiness and dark shadows.

30 MINS | €55

BLACKROCK SIGNATURE EYE TREATMENT

A soothing, decongesting eye massage using cold marble stones for enhanced drainage and brightening, followed by a collagen eye mask.

30 MINS | €55

OTHER EYE TREATMENTS

EYELASH TINT | €20

EYEBROW TINT | €20

EYEBROW SHAPE | €20

EYE TRIO: EYEBROW SHAPE, LASH & BROW TINT | €50

A patch test is required 24 hours before treatment.

BLACKROCK WELLNESS SIGNATURE TREATMENTS

SIGNATURE FACIAL

A detailed prescriptive facial for all skin types and ultimate relaxation. This facial also includes a foot and eye treatment.

80 MINS | €135

SIGNATURE SLEEP RITUAL MASSAGE JOURNEY

Gentle touch massage performed with heated organic oils, sleep spray, and lavender pillow pack. A powerful sleep-encouraging experience that will decompress and relax the body and mind.

80 MINS | €120

SIGNATURE WINTER WARMER

Relax under our heated thermal blanket with heated booties and lavender eye pillow, while we perform a relaxing body massage with our heated organic oils.

60 MINS | €110

SIGNATURE FOOT RITUAL

Deeply relaxing treatment to include foot scrub, mask with heated booties and massage.

30 MINS | €55

SIGNATURE HAND RITUAL

A deeply relaxing treatment that includes hand exfoliation, massage, and a mask with thermal mitts.

30 MINS | €55

Following any of our treatments, take time out to continue your wellness journey in our tranquil relaxation lounge.

Treat yourself or a loved one to one of our beautiful gift sets, signature hampers, or gift vouchers.



PAMPER PACKAGES

AFTERNOON TEA PAMPER PACKAGE

Experience our Voyager Massage Journey or the Voya Deluxe Facial Experience followed by Galway Bay afternoon tea for the perfect relaxation experience.

TREATMENT TIME: 90 MINS | €149

PLATINUM AFTERNOON TEA PAMPER PACKAGE

Experience our Voya Massage Journey or our Voya Deluxe Facial followed by Galway Bay Afternoon Tea with a glass of bubbly.

TREATMENT TIME: 90 MINS | €155

PLEASE ALLOW TWO DAYS' NOTICE FOR AFTERNOON TEA BOOKINGS.

TERMS & CONDITIONS

Available midweek only (Sunday to Thursday). Afternoon Teas are from 12 pm to 4 pm. Maximum of 4 bookings per day and a maximum of 4 people per booking. Bookings are to be made 72 hours prior.

CANCELLATIONS

A 48-hour cancellation notice is required. If cancelled within 48 hours, then you will be charged in full.

POST WEDDING PAMPER PACKAGE

These are bespoke packages designed for you and your bridal party in the days following your celebration. Book a free consultation with our Wellness team.

TO BOOK

+353 (0) 91 514 644

blackrockwellness@galwaybayhotel.com



or scan the QR code

OPENING HOURS

Monday - Saturday
10 AM - 6 PM

Sunday
10 AM - 2 PM

BLACKROCK WELLNESS ETIQUETTE

CANCELLATION POLICY

We understand that appointments may need to be changed or cancelled from time-to-time. As a courtesy to other clients & to allow for planning, we request a minimum cancellation policy of 48 hours' notice; otherwise, the full treatment cost will be charged.

SALON POLICY

To ensure you have the most relaxing experience with us, we kindly request that you arrive 10 minutes before your treatment. Arriving late may result in a reduction of treatment time.

HEALTH CONDITIONS

Your safety is our priority. You must inform us of any health conditions or injuries when booking when booking or attending treatments. If you have high blood pressure, heart conditions, allergies or any other medical complications, we advise you to consult your doctor before undergoing any of our treatments.