ATLANTIC BAR MENU

SIDES

€5.00

€5.50

€5.00

€5.95

€7.95

€7.95

€7.95

€7.95

STARTERS

Served With A Selection Of Fresh Market

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Allergens: Please ask your server for more information

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Chef's Freshly Carved Classic Roast Of The Day

Vegetables And Potatoes

Vegetables And Potatoes

ROAST OF THE DAY

WILD ATLANTIC WAY SEAFOOD CHOWDER **HOUSE FRIES** €11.00 Harvest Homemade Multi-Seed Brown Bread & Allergens: 1, 2, 11A Irish Butter Allergens: 2, 3, 4, 5, 9, 11A, 12 FRESH MARKET VEGETABLES AND POTATOES Allergens: 2, 9 HOUSE PUMPKIN SALAD €12.95 TOSSED SIDE SALAD Kalamata Olives, Coriander And Cumin, Pickled Pimento, Crispy Chickpeas, Cherry Tomato, Allergens: 13 Organic Garden Leaves And Sherry Vinegar Dressing TRUFFLE AND PARMESAN FRIES Allergens: 8, 9, 13, 14 Allergens: 1, 2, 11A **BBQ & CHILLI GLAZED** STARTERS: €11.50 | MAIN: €16 .95 CHICKEN WINGS Blue Cheese Dressing Allergens: 1, 2, 8, 9, 11A **DESSERTS** SOUP OF THE DAY €7.50 Vegan & Vegetarian menu available on request Famous Homemade Multi-seed Bread (Please ask your server) Allergens: 2, 9, 11A OREO CHEESECAKE Vegan & Vegetarian menu available on request Salted Caramel Ice Cream (Please ask your server) Allergens: 1, 2, 9, 11A WARM CHOCOLATE BROWNIE Pistachio Ice Cream, Chantilly Cream Allergens: 1, 2, 11A MAIN COURSE BAKED CARAMELISED APPLE & MIXED BERRY CAJUN GRILLED CHICKEN CAESAR SALAD CRUMBLE €17.95 Crisp Cos Lettuce, Smoked Bacon Lardons, Homemade Custard, Vanilla Bean Ice Cream Parmesan & Crisp Tortilla Chips Allergens: 1, 2, 9, 10A, 11 Allergens: 1, 2, 5, 11A, 13 SELECTION OF GOURMET ICE CREAM GALWAY BAY 60Z BEEF BURGER €19.95 Toffee Sauce, Wafer Basket Brioche Bun, Mature Red Cheddar, Onion & Bacon Allergens: 1, 2, 11a Relish, Traditional House Slaw, House Fries Allergens: 1, 2, 8, 9, 11A, 13 WE SPECIALISE IN... BUTTERMILK PIRI PIRI CHICKEN BURGER €19.95 Brioche Bun, Mature Smoked Cheddar, Onion & Bacon Relish, Traditional House Slaw, House Fries LOCAL CRAFT BEERS, HOUSE Allergens: 1, 2, 9, 11A, 13 TEMPURA BATTERED FISH & CHIPS FAVOURITE COCKTAILS & €21.50 Mushy Peas, Tartar Sauce, House Fries AREFULLY SELECTED WINES Allegens: 1, 2, 9, 11A FISH OF THE DAY €24.95 *We cannot guarantee completely allergen free Chef's Seafood Main Course Special Of The Day meals due to possible traces of allergens in the



working environment and supplied ingredients.

or an allergy to a specific type of ingredient.

Please advise our staff if you have an intolerance

€24.95



Our Executive Head Chef, Robert Webster, along with our **Executive Sous-Chef, Ciara Horan, and the Kitchen Team are passionate** about creating simple, flavoursome dishes, using quality ingredients.

Our dishes are prepared using the freshest produce form locally sourced suppliers focusing on seasonal produce.

Our Food Provenance:

Chicken - Shannon Vale, Clonakilty, Co. Cork Beef - Quigley Meats, Innismore, Co. Cork Pork - Waldron Family Meats, Co. Roscommon Fish - Galway Bay Seafoods & Atlantis of Kilmore Quay, Co. Wexford

Fruit & Vegetables - Dole & Burkes & Curley's Quality Foods, Co. Galway Eggs - Corrib Eggs, Glenamaddy, Co. Galway

We make every effort to ensure our ingredients have not travelled far and are free from pesticides, waxes and preservatives.

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