

## CEREALS

### CORNFLAKES

11A

### RICE KRISPIES™

11A

### WEETABIX™

11A

### COCOPOPS™

11A

### MUESLI

10, 10D, 11A

GLUTEN FREE AVAILABLE

## CONTINENTAL

### HOMEMADE GRANOLA POT

Granola with Natural Yoghurt

2, 10D, 11A

### FRESH FRUIT SALAD

Accompaniments, Natural Yoghurt

2

### FRESHLY BAKED CROISSANT & DANISH BASKET

Gluten Free Available

1, 2, 11A

### COLD MEAT & LOCAL CHEESE PLATE

2, 9

### HOT PORRIDGE

Fresh Berries, Mixed Seeds,  
& Local Honey

11A, 11D

## JUICES

ORANGE JUICE, APPLE JUICE,  
& CRANBERRY JUICE

## KICK THE WALL

### Full Irish Breakfast

2 FREE-RANGE EGGS, BLACK &  
WHITE PUDDING, 2 WALDRON  
FAMILY BACON, SAUSAGE,  
TOMATOES, MUSHROOMS

1, 8, 9, 11A

## WILD ATLANTIC MINI

### Mini Irish Breakfast

FREE-RANGE EGG, WALDRON  
FAMILY BACON, BLACK &  
WHITE PUDDING, SAUSAGE,  
TOMATOES, MUSHROOM

1, 8, 9, 11A

## DIVING BOARD

## OMELETTE

### CARTY'S HAM & RED CHEDDAR

Please allow 15 mins cooking time

1, 2, 9

## BLACKROCK TOWER

### STACK OF AMERICAN STYLE PANCAKES

1, 2, 11A

## VEGETARIAN BREAKFAST ⑤

FREE-RANGE EGG,  
VEGETARIAN SAUSAGE,  
TOMATOES, MUSHROOMS

1, 2, 8, 9, 11A

VEGAN OPTION AVAILABLE



Led by Executive Head Chef Robert Webster and Sous-Chef Ciara Horan, our Kitchen Team crafts simple, flavoursome dishes using quality, seasonal ingredients from local suppliers.

## OUR FOOD PROVENANCE

### Beef

**Quigley Meats**  
Innismore, Co. Cork

### Pork

**Waldron Family Meats**  
Co. Roscommon

### Eggs

**Corrib Eggs**  
Co. Galway

### Fish

**Galway Bay Seafoods**  
New Docks, Galway

### Chicken

**Shannon Vale**  
Clonakilty, Co. Cork

### Fruit & Veg

**Dole Ireland Ltd**  
Ballybane, Galway

**Burkes Fruit & Veg Ltd**  
Parkmore road, Galway

**Curley's Quality Food**  
Castlegar, Co. Galway

Galway Bay Brasserie menus are crafted using the freshest seasonal produce from locally sourced suppliers. We strive to use ingredients that haven't travelled far and are free from pesticides, waxes, and preservatives. We believe seasonal food is fresher, tastier, and more nutritious.



**GALWAY**  
BAY HOTEL